

History (Generalist Track): 4 Year Plan Worksheet

Bulletin Year: 2025-2026

Consult your advisor regarding proper course sequencing and course selection for the major.
Suggested sequence, but students often take courses in a modified order.
All students must complete six flags to graduate. Each student is responsible for ensuring she/he fulfills all graduation requirements.

First Year

First Semester				
Course Name	Units	Requirement Met		
		Major	Core	Elective
FFYS 1000: First Year Seminar-Core <i>See Note 1 below</i>	4		✓	
Lower-Division HIST 1 <i>EHAP Core *See Note 1 below</i>	4	✓	✓	
Studies in American Diversity-Core <i>HIST 2300-2449</i>	4		✓	
Quantitative Reasoning <i>FQTR Core</i>	3		✓	
HIST 1995 Introduction to History	1	✓		
Total Units	16			

Second Semester				
Course Name	Units	Requirement Met		
		Major	Core	Elective
RHET 1000: Rhetorical Arts <i>FRTA Core</i>	4		✓	
Lower-Division HIST Seminar <i>See Note 2 below</i>	4	✓		
PHIL 1800: Philosophical Inquiry <i>FPHI Core</i>	4		✓	
Lower-Division Elective	4		✓	
Total Units	16			

Second Year

First Semester				
Course Name	Units	Requirement Met		
		Major	Core	Elective
Lower-Division HIST 1 <i>See Note 3 below</i>	4	✓		
Understanding Human Behavior <i>EHBV Core</i>	4		✓	
Creative Experience <i>ECRE Core</i>	3		✓	
THST 1XXX: Theological Inquiry <i>FTHI Core</i>	4			✓
Total Units	15			

Second Semester				
Course Name	Units	Requirement Met		
		Major	Core	Elective
Lower-Division HIST 2 <i>See Note 3 below</i>	4	✓		
Upper-Division HIST 3 <i>See Note 2 below</i>	4	✓		
Science, Techonology, and Math <i>ESTM Core</i>	3		✓	
Lower-Division Elective	4			✓
Total Units	15			

Third Year

First Semester				
Course Name	Units	Requirement Met		
		Major	Core	Elective
Upper-Division HIST 1 <i>See Note 3 below</i>	4	✓		
Faith and Reason <i>IFTR Core</i>	4		✓	
Flagged Course <i>LELM Core</i>	4		✓	
Elective	4			✓
Total Units	16			

Second Semester				
Course Name	Units	Requirement Met		
		Major	Core	Elective
Upper-Division HIST 2 <i>See Note 3 below</i>	4	✓		
Upper-Division HIST 3 <i>See Note 3 below</i>	4	✓		
Ethics and Justice <i>IEJT Core</i>	4		✓	
Elective	4			✓
Total Units	16			

Fourth Year

First Semester				
Course Name	Units	Requirement Met		
		Major	Core	Elective
Upper-Division HIST 4 or HIST 5000-5899 <i>See Note 3 below</i>	4	✓		
Interdisciplinary Connections <i>IINC Core</i>	4		✓	
Elective	4			✓
Upper-Division Elective	4			✓
Total Units	16			

Second Semester				
Course Name	Units	Requirement Met		
		Major	Core	Elective
Upper-Division HIST 5 <i>See Note 3 below</i>	4	✓		
Seminar-HIST 5000-5899	4	✓		
Upper-Division Elective	4			✓
Upper-Division Elective	4			✓
HIST 5995 Capstone ePortfolio	1	✓		
Total Units	17			

Total Units: 124 min.

Notes:

[1] NB: FFYS 1000 sections taught by History faculty may count towards the major; HIST 1xxx courses fulfill the Core EHAP requirement; and HIST 2300-2449 courses fulfill the Core FDIV requirement.

[2] HIST 2000, HIST 2050, HIST 2200, HIST 2450, HIST 2500, HIST 2600, HIST 2700, HIST 2800 or HIST 2910. See Bulletin for descriptions.

[3] At least 2 courses per Geographical Region: Europe, United States, and World Regions. See LMU Bulletin for course numbers.

[4] See the LMU Bulletin for information on the Secondary Teacher Preparation Program in Social Science.

[5] 30 of the last 36 units must be completed at LMU.

[6] Units for required major course(s) that also meet the core will be counted towards the major. This does not take into consideration a major elective course(s) that may meet both a major and core requirement(s). If two required areas are met by one course, the outstanding units must be met in the Elective units total.